**Praying 5 times a day**

**Praying 5 times a day helps Muslims to….**

**I think praying 5 times a day might be difficult because….**

**Praying helps this because….**

**Does praying 5 times a day help Muslims to do any of these things?**

feel near to God

keep fit

talk to God

be good

feel calm

concentre

play football

go shopping

**Choose 3 only.**

make friends

learn to cook

do well at school

pray